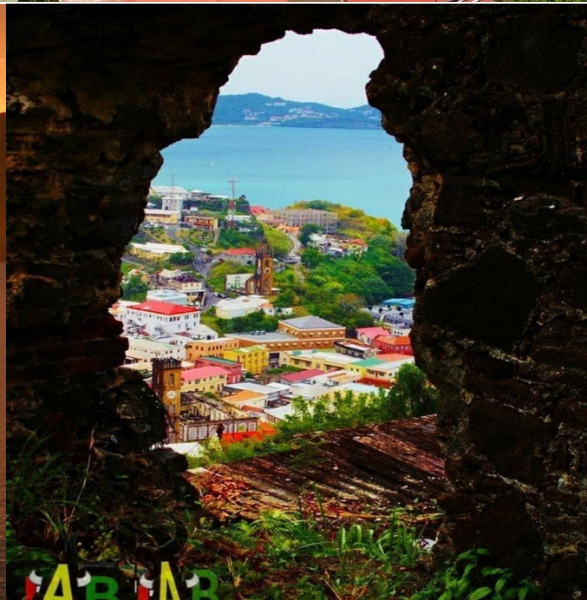
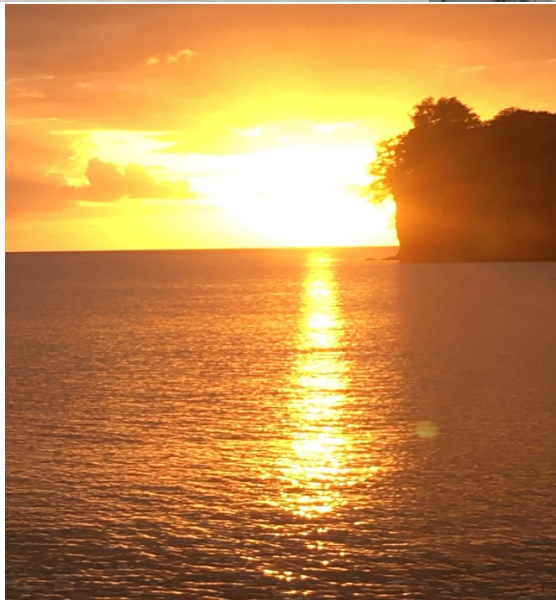


# NEW HOPE SDA CHURCH GRENADA MISSION TRIP 2024 INFORMATION PACKET

JULY 5 - JULY 14, 2024





**Country Background:**

Grenada is an island country in the West Indies in the Caribbean Sea at the southern end of the Grenadines island chain. Grenada consists of the island of Grenada itself, two smaller islands, Carriacou and Petite Martinique, and several small islands that lie north of the main island and are a part of the Grenadines. It is located northwest of Trinidad and Tobago, northeast of Venezuela, and southwest of Saint Vincent and the Grenadines. Its size is about the same as the city of Philadelphia (134.6 sq mi), with an estimated population of 112,523 in July 2020 (World Bank, 2022). The capital is St. George's. On March 3, 1967, the island became a self-governing state in association with the United Kingdom and is part of the Commonwealth. Grenada gained its independence on February 7, 1974, celebrating its 50<sup>th</sup> Anniversary this year.

Grenada is known as the "Island of Spice" because it produces nutmeg, mace, cinnamon, and ginger crops. The primary exports are nutmeg, mace, cardamon, fish, and cocoa beans. The primary industry is tourism.

**Mission Opportunities:**

There is a great need across the entire healthcare arena, with the public health clinics available for a sliding fee that may not be affordable for everyone. Several churches on the island need repair or refreshment, and painting.

New Hope’s Mission Trip consists of:

- Health: Support a local health team to provide health screenings (HT, WT, BP, and BMI), vision screening, basic health education, nutrition, and lifestyle counseling.



- VBS: Implement a modified Vacation Bible School for 3-10- and 11–16-year-olds including information about maintaining a healthy body, songs, crafts, and physical activities.

-Painting: Work with local churches to refresh and paint the interior and/or exterior.

## Accommodations

Bay House, Jean Anglais, Grenada. <https://bayhousegrenada.com/>

Summit, Jean Anglais, Grenada. (for families participating).

## Currency

Eastern Caribbean (EC) Dollar. The US Dollar is also used.

**Cost:** \$2500/person. Includes airfare, hotel \*based on double occupancy, food, and transportation.

\*single occupancy rooms are approximately \$50 more per night.

## Payment Plan

All payments are made through New Hope's online giving portal (<https://newhopefulton.org/>). Look for the line-item '*Grenada Mission Trip*'. Please send a copy of receipt of your payment to [mpgrenada2023@gmail.com](mailto:mpgrenada2023@gmail.com).

- Non-refundable Deposit \$500 – due March 16.
- Non-refundable Payment 2 \$1000 – due April 15
- Payment 3 \$500 – due May 15
- Payment 4 \$500 – due June 15

## Estimated Trip Itinerary

- Friday, July 5 - Travel/Departure from USA, Arrive in Grenada.
- Sabbath, July 6 - Attend church, free afternoon.
- Sunday, July 6 – Thursday, July 11 – Workdays.
- Sabbath, July 12 – Participate in church and present the afternoon program.
- Sunday, July 14 - Travel/Depart Grenada, Arrive in USA.

## Estimated Workday

- 6:00-7:45 am – Arise and breakfast
- 7:45 am – Group Worship
- 8:15-9:00 am – Drive to work locations
- 9:00 am – 3:00 pm – Work (with lunch break)
- 3:00-4:00 pm – Return to Hotel
- 4:30 – 7:00 pm – Free Time
- 7:00 pm – Dinner
- 8:30 pm – Group Debrief
- 9:00 pm – Group games/social activities

## Excursions

There are many excursion options available. We will provide a list of group and single tours. You are responsible for paying for your excursions. For free time in the evenings Grand Anse Beach, St George's, Fort George, The Carenage, Spiceland Mall, and BBC Beach are close to the hotel.

## Immediate Needs

- A current passport (valid for at least six months)
- Up to date immunizations, including COVID (may need to have a copy of COVID card). Consult your provider.

## Insurance

- Travel insurance including Medical Air Transportation (if needed) is provided by Adventist Risk Management.
- You are responsible for having personal health care insurance.

## Next Steps

- \$500 deposit (<https://newhopefulton.org/>) and registration form below are due by March 16.
- Sign the Code of Conduct and return.
- Complete the New Hope Church's Sterling Volunteers Screening Form. All participants must complete this screening before leaving. A link will be sent after you submit your deposit.

## Reminders

- Passports: Must be valid for 6 months post-travel.
- Luggage: Plan for 1 checked bag (50 lbs.) and 1 carry-on. May also need to share taking trip supplies.
- First Aid: Basic first aid supplies are provided.
- Medications: Remember to bring enough of your daily prescriptions + a few extra days. Over-the-counter Benadryl/Allergy meds, 81mg Aspirin, bug spray with Deet, wipes, sunscreen, and medicine for motion sickness (Dramamine) may also be helpful.
- Bring an Electrical Converter. Grenada operates on a higher voltage compared to the USA.
- Remember: you are a tourist and will stand out! Be mindful of your surroundings. People will come up and talk to you.
- Suggested Packing Check List
  - Pack a hat/visor to stay cool.
  - Sunglasses, flip flops/beach shoes, sunscreen.
  - Light summer clothes (cotton) each day.
  - Jeans, modest swimwear, beach towel and sleepwear.
  - Closed-toed shoes, sneakers, or work boots for worksites.
  - Old shirt for painting.
  - 2 Sabbath Day outfits.
  - Light jacket.
  - Water bottle.
  - Medications, Deet, and hand sanitizer.
  - Personal toiletries (toothbrush, toothpaste, shampoo, soap, deodorant, lotion, etc.).

**New Hope SDA Church  
2024 Grenada Mission Trip  
Participant Form**

**One form completed per person (including minors)**

**Return completed form to [mpgrenada2023@gmail.com](mailto:mpgrenada2023@gmail.com)**

- Please circle your area of interest for participation: Health VBS Paint/Construction
  
- Do you have any dietary restrictions (Example: gluten-free, vegan, vegetarian, pescatarian):  
\_\_\_\_\_
  
- Would you consider sharing a space with a non-family participant/same sex? Yes/ No
  
- Name as it appears on Passport: \_\_\_\_\_
  
- Home Address: \_\_\_\_\_
  
- Cell Phone #: \_\_\_\_\_
  
- Your Date of Birth: \_\_\_\_\_
  
- Passport number: \_\_\_\_\_
  
- Country in which passport was issued: \_\_\_\_\_
  
- Date passport was issued: \_\_\_\_\_ Passport expiration date: \_\_\_\_\_
  
- Preferred departure airport: \_\_\_\_\_
  
- AA advantage number: \_\_\_\_\_

- Emergency contact name: \_\_\_\_\_
- Emergency contact phone number: \_\_\_\_\_
  
- Emergency contact address: \_\_\_\_\_
  
- I agree to complete the Sterling Volunteers Screening Form (send after submission of deposit):  
\_\_\_\_\_



**Mission Trip Code of Conduct Agreement**

**Background**

The purpose of this document is to define the behavioral and conduct expectations of all participants during mission trips sponsored by New Hope Seventh Day Adventist Church located in Fulton Maryland. As part of our mission to live out the kingdom of God, mission trips provide opportunities for us to extend God’s love to all people. As a mission trip participant, you are an ambassador of the beliefs, values, and mission of New Hope Church as well as the sisterhood of churches not only in the Chesapeake Conference but the Columbia Union of Seventh Day Adventists.

**Agreements**

As a mission trip participant, you agree to the following:

1. Refrain from posting on social media any information about the mission trip that may compromise the security of the mission trip participants **before** the conclusion of the mission trip. This includes trip dates, location, and itinerary.
2. Refrain from direct communication with any member of the press concerning the details or any matters that may arise during the mission trip.
3. Refrain from behaviors that a reasonable person could find threatening, intimidating, harassing, or humiliating.
4. Refrain from behaviors that a reasonable person could find flirtatious or sexually inappropriate.
5. Refrain from inappropriate conduct with minors who are participants or from the host nation.
6. Remember that you might be in a different cultural environment from the United States. Be respectful of local customs and avoid alcohol and drug use.
7. Participants who are minors will always remain with their parents or approved adults.

Violation of this agreement could result in immediate dismissal from the mission trip and return to the USA at the violator’s expense.

\_\_\_\_\_  
Participant Name

\_\_\_\_\_  
Parent Name if Minor

\_\_\_\_\_  
Signature/Date